



INNER TRADITIONS
BEAR & COMPANY



MetaGuide Magazines

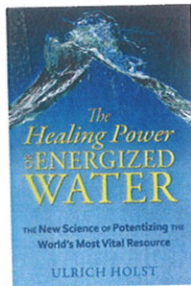
FALL BUYERS GUIDE

October 2010

The Healing Power of Energized Water
by Ulrich Holst

(Inner Traditions, paperback, \$16.95)

In this fascinating exploration of the substance which is the very essence of life, Ulrich Holst reveals that water is far more than the simple liquid known scientifically as H₂O. Following the discoveries of such pioneers as Viktor Schauberger and Masaru Emoto, whose work revealed that water is much more complex than originally believed, Holst takes us on a journey down the figurative river of water's flow through our lives and world. He reveals that water is highly sensitive to micro-information



from the surrounding environment, and that water is endowed with the capacity of memory. He makes the case that the way water has been treated and distributed in modern times has destroyed much of its vitality and has led to a degradation of water's capacity to aid in healing and the optimal states of living for human beings.

Having convinced us of the problems, Holst is not without a myriad of proposals for the improvement of the state of our water and the restoration of its life-enhancing capacities. We need not necessarily seek out pristine water from springs and glaciers, it is possible to rehabilitate humble tap water to its original naturally potent state as the elixir of life. He tells us that the methods and devices he has uncovered can be applied to transform even water which has been heavily polluted by agriculture or industry, making it equal to the liquid we find in a pure mountain spring.

Holst explores means of improving the life-enhancing quality of water with techniques involving devices such as the Alvito Water Vitalizer, Tachyon energy, the Chi Water Booster and others. Of particular interest is his section of the enhancement of water's energetic resonance through the application of various crystals. For those interested in learning more about water and the cutting-edge experimentation into various means of improving its condition and effects on us, this book makes fascinating reading.